



Small Club Invitational

April 24 and 25, 2010
Ozark LSC / USA Swimming

Held under the sanction of USA Swimming
and Ozark Sanction 5272.

Facility: 25 yard indoor pool
6 lanes with starting blocks
non-turbulent lane markers

Location: University City High School
Natatorium
7420 Shaftesbury Ave
Saint Louis, MO 63130

Time: *Saturday morning session:*
Warm-up 9:00 a.m.
Start 10:00 a.m.
Sunday morning session:
Warm-up 9:00 a.m.
Start 10:00 a.m.

Warm-up procedures will follow Ozark LSC safety regulations. The Meet Referee or designee will instruct the swimmers in the safety rules for the meet and assign them to team warm-up lanes. Swimmers may enter the water ONLY with a USA-S certified coach at their assigned lane.

Positive check-in is not required.

Eligibility

(1) USA Swimming Membership: *All swimmers must be Athlete Members of USA Swimming. "Applied for" will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and entry fees will NOT be refunded. If a swimmer swims and is not registered, a \$100.00 fine per athlete will be imposed.*

(2) Small Club Membership: *Each swimmer must be a member of a team that, as of the closing date for entries, is registered with USA Swimming as a team in good standing, and that*

has 100 or fewer swimmers registered with USA Swimming.

(3) Team Participation: *This meet is above all a team competition among small clubs. Accordingly, no swimmers will be allowed to swim other than as part of a participating team, whether as "unattached," "exhibition," or without a USA-S certified coach from their team present at all times.*

Entries will be accepted from Monday, March 29, 2010 at 9:00 a.m. through Monday, April 12, 2010 at 5:00 p.m. Late entries will not be accepted.

Deck entries will not be accepted, except in extenuating circumstances and for good cause, and in such cases only upon: (1) approval of both the Meet Director and Meet Referee; (2) presentation of a valid USA Swimming Athlete Membership card at time of entry; (3) simultaneous payment to Meet Director of all applicable event fees and athlete surcharges, plus additional deck entry fee of \$10.00 per swimmer.

Times should be entered in short course yard times. Swimmers must enter events in age groups, corresponding to their ages on April 24, 2010.

"No time" entries will be accepted.

Each swimmer may enter up to four events and one relay per day. Coaches must list full first and last name on all relay cards.

Meet will be limited to 300 swimmers. Entries will be accepted on a first-come, first-served basis.

Team entries will not be split, except upon agreement of Meet Director, Meet Referee, and head coach of the team affected.

Entries, including short course yard times, should be submitted by email, followed by a paper copy of the entry file with **check payable to "UCSC" or "University City Swim Club."**

Email entries to:

info@universitycityswimclub.com
(include a valid email reply address and phone number).

Mail paper copy and check to:

*Karen Palmer (UCSC)
7507 Washington Ave
St. Louis, MO 63130*

Emailed entries will be accepted as official if UCSC receives paper copy and check postmarked before the deadline.

Deadline: Entries and fees must be postmarked by *April 12, 2010*, together with an email entry received by 5:00 pm. that day.

Fees: \$3.00 per individual event
\$6.00 per relay event
\$6.00 surcharge per swimmer

Seeding: The meet will be pre-seeded by computer if the timeline for each session permits. Events will be reseeded as required to eliminate open lanes and long time lines. Coaches are asked to notify the Meet Director of any entered swimmers who will not be swimming any events as soon as possible.

Breaks: Depending on the time line, the Meet Referee may call one or more breaks in each session to allow swimmers adequate recovery time between events.

Age Groups: 8&U, 10&U, 12&U, 14&U, and Open. 14&U will swim in Open events, but will be scored separately.

Awards:

Teams: Teams compete for trophies presented for the first three places, based on overall team points, including relays. Host teams are eligible for trophies.

Individuals: Swimmers compete for the individual overall high-point awards presented for the first three places in each age group and gender, based on total points in individual events. Relay points are excluded.

Scoring:

Individual events: 7-5-4-3-2-1 (points counted towards both team and individual awards).

Relay events: 14-10-8-6-4-2 (only one relay can score per team/per classification).

Results and times will be posted at the meet and submitted in required formats to Ozark LSC/USA Swimming.

Meet Officials will be Ozark/USA Swimming certified.

Meet Director:

George Lenard 636-532-0300 (day) or
314-721-8526 (evening)

Meet Referee/ Officials Coordinator:

Pat Gibbons 314-727-1471

Safety Marshal

Gala Kennedy

USA Swimming officials interested in officiating please contact Pat Gibbons at 314-727-1471 or email pcg@wuphys.wustl.edu and/or info@universitycityswimclub.com.

Hospitality and refreshments: *For officials, volunteers and coaches*, complimentary in the poolside office. *Swimmers and the public* may purchase concession food at all sessions (access outside through front entrance, or downstairs through locker rooms). . Please keep food and beverages a safe distance away from the pool.

Driving directions: *From I-64 west of I-170*, exit eastbound I-64 at I-170 northbound. Exit right at Delmar. Turn right (east) on Delmar and continue past North and South to Hanley. Turn left (north) on Hanley. Turn right at second traffic light onto Shaftesbury Ave. Keep right at first stop sign, cross a small bridge, look for Natatorium immediately after on the right.

From east-west arteries such as Delmar Blvd or Ladue Rd-Maryland through Clayton, take Hanley Rd northbound. Turn right at second traffic light onto Shaftesbury Ave. Keep right at first stop sign, cross a small bridge, look for Natatorium immediately after on the right.

Alternate route: I-70 or I-270 to I-170 southbound, exit to Olive Blvd east. 1.5 miles down Olive, turn right (south) onto Hanley Rd. After 0.3 miles turn left at first traffic light, onto Shaftesbury Ave. Keep right at first stop sign, cross a small bridge, look for Natatorium immediately after on the right.

Parking: *The Natatorium lower and upper driveways are reserved for officials and hospitality suppliers only.* Public parking is available on surrounding city streets, and at Jackson Park Elementary School lot off Balson Ave (one block south of the High School /Natatorium complex).



**University City Swim Club
& Saint Louis Spirit Swimming**

Small Club Invitational Events

**Session 1, Saturday, April 24, 2010,
10:00 a.m. (warm-up 9:00 a.m.)**

Girls	Age	Event	Boys
1	12&U	200 Free	2
3	10&U	200 Free	4
5	Open	200 Back	6
7	12&U	50 Back	8
9	10&U	50 Back	10
11	8&U	25 Back	12
13	Open	200 Breast	14
15	12&U	100 Breast	16
17	10&U	100 Breast	18
19	8&U	50 Breast	20
21	Open	100 Fly	22
23	12&U	50 Fly	24
25	10&U	50 Fly	26
27	8&U	25 Fly	28
29	Open	50 Free	30
31	12&U	100 Free	32
33	10&U	50 Free	34
35	8&U	50 Free	36
37	Open	200 Free	38
39	8&U	100 Medley Relay	40
41	10&U	200 Medley Relay	42
43	12&U	200 Medley Relay	44
45	Open	200 Medley Relay	46

**Session 2, Sunday, April 25, 2010,
10:00 a.m. (warm-up 9:00 a.m.)**

Girls	Age	Event	Boys
47	12&U	200 IM	48
49	10&U	100 IM	50
51	Open	100 Back	52
53	12&U	100 Back	54
55	10&U	100 Back	56
57	8&U	50 Back	58
59	Open	100 Breast	60
61	12&U	50 Breast	62
63	10&U	50 Breast	64
65	8&U	25 Breast	66
67	Open	200 Fly	68
69	12&U	100 Fly	70
71	10&U	100 Fly	72
73	8&U	50 Fly	74
75	Open	100 Free	76
77	12&U	50 Free	78
79	10&U	100 Free	80
81	8&U	25 Free	82
83	Open	200 IM	84
85	8&U	100 Free Relay	86
87	10&U	200 Free Relay	88
89	12&U	200 Free Relay	90
91	Open	200 Free Relay	92